

# Menu

**Serving Fantastic Lunches Everyday** - All menus are carefully planned to meet School Food Standards, with all new dishes tested by children. Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

## Week 1

1  
Week commencing

20th April  
11th May  
1st June  
22nd June  
13th July  
3rd August  
24th August  
14th September  
5th October  
26th October

## Week 2

2  
Week commencing

27th April  
18th May  
8th June  
29th June  
20th July  
10th August  
31st August  
21st September  
12th October  
2nd November

## Week 3

3  
Week commencing

13th April  
4th May  
25th May  
15th June  
6th July  
27th July  
17th August  
7th September  
28th September  
19th October  
9th November

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FAVOURITES
<b>Traditional Choice</b>	<del>Southern Style Chicken Goujon</del> Vegetable Finger Wrap with Paprika Potatoes Mixed Vegetables or BBQ Beans	<del>Mild Beef</del> Vegetarian Chilli Nacho Bake with Mixed Rice & Sweetcorn Medley	<del>Pork</del> Vegetarian Sausages & Yorkshire Pudding with Mashed Potatoes, Seasonal Vegetables & Gravy	<del>Chicken</del> Quorn Korma Curry with Mixed Rice & Naan Bread	Golden Crumb Fish <del>or Vegetable Fingers</del> with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Tubes & Tomato Sauce with Garlic Bread & Salad Selection (v)	Summer Picnic Lunch Choice of Sandwiches Vegetarian Sausage Roll Pasta Salad Vegetable Sticks & Dips	Tomato & Mascarpone Pasta with Garlic Bread & Salad Selection (v)	Cheese & Onion Lattice Slice with Baby Potatoes Baked Beans or Salad Selection (v)	Pizza Margherita with Oven Baked Chips Garden Peas or Salad Selection (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Oaty Flapjack or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Vanilla Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Ice Cream & Dessert Sauce or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Mixed Fruit Medley or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Cooks Choice of Cookie & Milkshake or Choice of Fruit Yoghurt or Jelly Fruit Selection
MEAT FREE MONDAY					
<b>Traditional Choice</b>	Vegetarian Sausage Roll with Herby Potatoes Garden Peas & Sweetcorn or Baked Beans (v)	<del>BBQ Pulled Pork</del> Quorn Burrito with Rainbow Vegetable Rice & Salad Selection	<del>Roast Chicken</del> Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	<del>British Beef</del> Vegetarian Burger with Paprika Potatoes Vegetable Sticks & Dips	Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas
<b>Alternative Choice</b>	Tomato & Mascarpone Pasta with Garlic Bread & Salad Selection (v)	Mac 'n' Cheese with Garlic Bread & Garden Peas (v)	Loaded Potato Wedges with BBQ Beans, Crispy Onions & Salad Selection (v)	Pasta Spirals & Tomato Sauce with Garlic Bread & Salad Selection (v)	Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Chocolate Traybake & Toffee Drizzle or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Mixed Fruit Medley or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Chocolate & Orange Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Lancashire Cheese & Crackers or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Cocoa Krispie Cake or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk
MONDAY					
<b>Traditional Choice</b>	<del>Piri Piri Chicken</del> Quorn Pitta Pocket with Mixed Rice & Garden Peas	Harry Ramsden's Salmon & Sweet Potato Fishcake with Paprika Potatoes & Mixed Vegetables	<del>Honey Roast Gammon &amp; Pineapple</del> BBQ Vegetarian Meatballs with Rosti Potatoes & Sweetcorn Medley	<del>Chicken</del> Vegetable Tikka Curry with Mixed Rice & Naan Bread	<del>Pork</del> Vegetarian Hot Dog Crispy Onions & Tomato Ketchup with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Twists & Tomato Sauce with Garlic Bread & Salad Selection (v)	Pizza Panini Rounds with Tortilla Chips Vegetable Sticks & Dips (v)	Tomato & Mascarpone Pasta with Garlic Bread & Salad Selection (v)	Summer Picnic Lunch Choice of Sandwiches Vegetarian Sausage Roll Pasta Salad Vegetable Sticks & Dips	Pizza Margherita with Oven Baked Chips Garden Peas or Salad Selection (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Sticky Toffee Muffin or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Vanilla Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Ice Cream & Dessert Sauce or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Mixed Fruit Medley or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Chocolate & Orange Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk
TUESDAY					
<b>Traditional Choice</b>	<del>Piri Piri Chicken</del> Quorn Pitta Pocket with Mixed Rice & Garden Peas	Harry Ramsden's Salmon & Sweet Potato Fishcake with Paprika Potatoes & Mixed Vegetables	<del>Honey Roast Gammon &amp; Pineapple</del> BBQ Vegetarian Meatballs with Rosti Potatoes & Sweetcorn Medley	<del>Chicken</del> Vegetable Tikka Curry with Mixed Rice & Naan Bread	<del>Pork</del> Vegetarian Hot Dog Crispy Onions & Tomato Ketchup with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Twists & Tomato Sauce with Garlic Bread & Salad Selection (v)	Pizza Panini Rounds with Tortilla Chips Vegetable Sticks & Dips (v)	Tomato & Mascarpone Pasta with Garlic Bread & Salad Selection (v)	Summer Picnic Lunch Choice of Sandwiches Vegetarian Sausage Roll Pasta Salad Vegetable Sticks & Dips	Pizza Margherita with Oven Baked Chips Garden Peas or Salad Selection (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Sticky Toffee Muffin or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Vanilla Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Ice Cream & Dessert Sauce or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Mixed Fruit Medley or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Chocolate & Orange Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk
WEDNESDAY					
<b>Traditional Choice</b>	<del>Piri Piri Chicken</del> Quorn Pitta Pocket with Mixed Rice & Garden Peas	Harry Ramsden's Salmon & Sweet Potato Fishcake with Paprika Potatoes & Mixed Vegetables	<del>Honey Roast Gammon &amp; Pineapple</del> BBQ Vegetarian Meatballs with Rosti Potatoes & Sweetcorn Medley	<del>Chicken</del> Vegetable Tikka Curry with Mixed Rice & Naan Bread	<del>Pork</del> Vegetarian Hot Dog Crispy Onions & Tomato Ketchup with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Twists & Tomato Sauce with Garlic Bread & Salad Selection (v)	Pizza Panini Rounds with Tortilla Chips Vegetable Sticks & Dips (v)	Tomato & Mascarpone Pasta with Garlic Bread & Salad Selection (v)	Summer Picnic Lunch Choice of Sandwiches Vegetarian Sausage Roll Pasta Salad Vegetable Sticks & Dips	Pizza Margherita with Oven Baked Chips Garden Peas or Salad Selection (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Sticky Toffee Muffin or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Vanilla Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Ice Cream & Dessert Sauce or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Mixed Fruit Medley or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Chocolate & Orange Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk
THURSDAY					
<b>Traditional Choice</b>	<del>Piri Piri Chicken</del> Quorn Pitta Pocket with Mixed Rice & Garden Peas	Harry Ramsden's Salmon & Sweet Potato Fishcake with Paprika Potatoes & Mixed Vegetables	<del>Honey Roast Gammon &amp; Pineapple</del> BBQ Vegetarian Meatballs with Rosti Potatoes & Sweetcorn Medley	<del>Chicken</del> Vegetable Tikka Curry with Mixed Rice & Naan Bread	<del>Pork</del> Vegetarian Hot Dog Crispy Onions & Tomato Ketchup with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Twists & Tomato Sauce with Garlic Bread & Salad Selection (v)	Pizza Panini Rounds with Tortilla Chips Vegetable Sticks & Dips (v)	Tomato & Mascarpone Pasta with Garlic Bread & Salad Selection (v)	Summer Picnic Lunch Choice of Sandwiches Vegetarian Sausage Roll Pasta Salad Vegetable Sticks & Dips	Pizza Margherita with Oven Baked Chips Garden Peas or Salad Selection (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Sticky Toffee Muffin or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Vanilla Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Ice Cream & Dessert Sauce or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Mixed Fruit Medley or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Chocolate & Orange Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk
FRIDAY FAVOURITES					
<b>Traditional Choice</b>	<del>Piri Piri Chicken</del> Quorn Pitta Pocket with Mixed Rice & Garden Peas	Harry Ramsden's Salmon & Sweet Potato Fishcake with Paprika Potatoes & Mixed Vegetables	<del>Honey Roast Gammon &amp; Pineapple</del> BBQ Vegetarian Meatballs with Rosti Potatoes & Sweetcorn Medley	<del>Chicken</del> Vegetable Tikka Curry with Mixed Rice & Naan Bread	<del>Pork</del> Vegetarian Hot Dog Crispy Onions & Tomato Ketchup with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Twists & Tomato Sauce with Garlic Bread & Salad Selection (v)	Pizza Panini Rounds with Tortilla Chips Vegetable Sticks & Dips (v)	Tomato & Mascarpone Pasta with Garlic Bread & Salad Selection (v)	Summer Picnic Lunch Choice of Sandwiches Vegetarian Sausage Roll Pasta Salad Vegetable Sticks & Dips	Pizza Margherita with Oven Baked Chips Garden Peas or Salad Selection (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Sticky Toffee Muffin or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Vanilla Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Ice Cream & Dessert Sauce or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Mixed Fruit Medley or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk	Chocolate & Orange Cookie or Choice of Fruit Yoghurt or Jelly Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Healthier Families campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.